

OVERVIEW

We provide supportive services and advocate for persons 60 years of age and older.

The agency serves: Amelia, Buckingham, Charlotte, Cumberland, Lunenburg, Nottoway, and Prince Edward Counties. Each jurisdiction appoints a representative to the Board of Directors to provide input and govern the agency.

The Advisory Council serves as a link between the agency and the elderly. The council is made up of senior citizens, other service agencies and interested individuals. Together, the Board of Directors and Advisory Council assist in the assessment of current needs and services, recommendations for improvements and follow-up assessments once the recommendations are in place.

The agency is funded primarily through the Older Americans Act. Funding is also received from other sources, including local counties.

CHORE PROGRAM

Chore provides services to persons 60 years of age or older who are frail, have disabilities or who live in isolated areas, with particular attention to low-income minority individuals. Chore services provide assistance to persons having difficulty with one or more of the following activities of daily living: heavy house work, yard work or sidewalk maintenance.

COMMUNICATION, REFERRAL, INFORMATION, AND ASSISTANCE (CRIIA)

CRIIA is a free and confidential informational service; acting as a referral service to put people in touch with the services they need in their communities.

VIRGINIA INSURANCE COUNSELING AND ASSISTANCE PROGRAM (VICAP)

The Virginia Insurance Counseling and Assistance Program (VICAP) is part of a nationwide network of health insurance assistance programs. Our counselors assist seniors with Medicare and help seniors and caregivers understand and compare Medicare and other health insurance benefits.

VICAP counselors provide information on:

- Medicare (for seniors and the disabled under 65 with Medicare)
- Medicare Supplemental Insurance
- Medicare Advantage
- Medicare Prescription Drug Plan (Part D)
- Extra help for Part D
- Long Term Care Insurance
- Medicaid
- Medicare Savings Programs for help with Medicare premiums, deductibles and co-payments
- Understanding medical and insurance statements
- Filing claims and appeals
- Medicare and Medicaid Fraud and Abuse

LOCAL LONG-TERM CARE OMBUDSMAN PROGRAM (LTCO)

The Long-Term Care Ombudsman Program identifies and assists with problems and concerns of older persons receiving long-term care. Anyone can make a referral to the LTCO. Recommendations and changes to the long-term care system can then be made. Complaints made by or on behalf of older persons in long-term care facilities or receiving long-term care services can be received, investigated, and resolved. The program also provides counseling and support to long-term care recipients. In addition, the program is a resource for information regarding institutional and community based long-term care services.

LEGAL SERVICE

We have contracted with Virginia Legal Aid Society for a paralegal at the Virginia Legal Aid offices (located in Farmville, Virginia), that provides certain legal services under the direct supervision of an attorney. The Para-Legal cannot give legal opinions or represent a person in court proceedings. The Para-Legal can assist older persons having difficulty in the areas of obtaining Medicare/Medicaid, Social Security and other retirement plans, veteran's benefits, and food stamps.

IN-HOME SERVICES

The In-Home Services Program provides home care services to enable senior citizens who cannot perform basic tasks for themselves to remain in their own homes.

A mature, trained, supervised aide performs light housekeeping, plans and prepares meals, assists with activities of daily living and teaches individuals how to live and cope with a new disability or how to prevent further illness.

NUTRITIONAL SERVICE

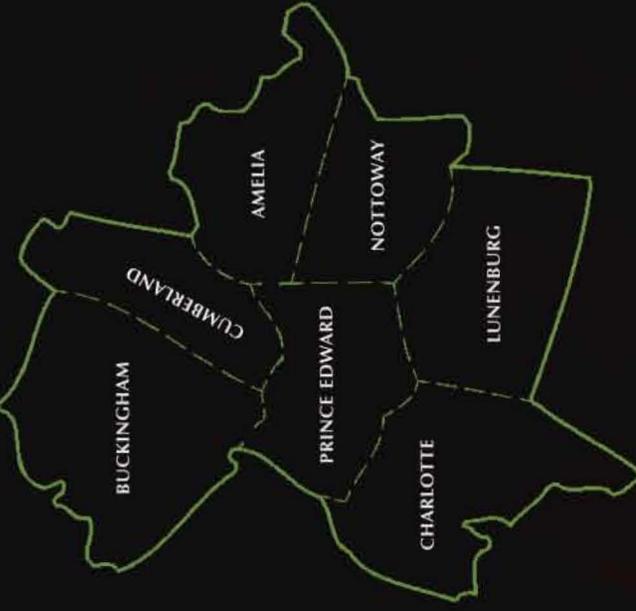
The Home Delivered Meals Service is a program for seniors who are primarily home bound and isolated. Eligible seniors receive a weekly box of five frozen, prepared meals which are low-salt and heart-healthy. These meals are easily heated in a conventional oven or microwave. This service is available to those who are unable to prepare their own meals and have no one to prepare meals for them. Seniors without access to adequate nutrition and for whom transportation to a Friendship Café is unfeasible are also eligible. Live-in caregivers for home bound seniors may also be eligible. This provides a point of contact for seniors who live alone and for whom other services may be helpful.

FRIENDSHIP CAFÉS

For seniors who are mobile, not home bound, and physically, mentally and medically able, open 10:00am-2:00pm once a week in each of our seven service area counties. Seniors enjoy the opportunity to socialize with their friends; eat nutritiously balanced meals; and participate in group exercises, activities and games.



Piedmont Senior Resources
Area Agency on Aging, Inc.



For additional information concerning programs offered by Piedmont Senior Resources

CALL:

General: 434.767.5588
or 434.767.5589
Legal Services: 434.392.8108
Call Toll Free: 800.995.6918
Fax Number: 434.767.2529

MAILING ADDRESS:

5339 E. Colonial Trail Hwy
Burkeville, VA 23922

www.piedmontseniorresources.com
email: psr@piedmontseniorresources.com

Serving Senior Citizens of
Planning District 14